

# THE PATHFINDER EXPERIENCE

## AT PHOENIX HOUSE RECOVERY CENTRE

Have you been, or about to be medically discharged from the Armed Forces? Or have you got a medical condition post discharge? Are you finding civilian life and the transition challenging? If so The Pathfinder Experience may be able to help you.

### THE PATHFINDER COURSE WILL:

- Boost your employment prospects
- Help you to complete the transition psychologically from military to civilian life
- Partner you with a mentor who will support you through the challenges of transition
- Help you to understand the skills you have acquired during service and how to translate to use them in the civilian world
- Increase your self-esteem and levels of wellbeing
- Enable you to create your own personal development plan

If you're interested in taking part in The Pathfinder Experience, or would like more information, contact Sally Mendonca on:

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